



Rasmussen College MN

Presents

L.O.C.K.U.P.®

Overcoming Size Differences for Female Enforcers Arrest and Control & Counter Measures

March 10 - 11, 2020

Lead Instructor
Lt. Toni Weinbeck

Lt. Weinbeck is a nationally recognized trainer. She has extensive experience in law enforcement, martial arts and L.O.C.K.U.P. Police Combat.

"I saw a 6'0, 210 lbs male choking another male and punching him in the stomach. I approached and performed a LOCKUP takedown. I maintained control until my back-up arrived. If there's anyone who doesn't think L.O.C.K.U.P. works. It does!

Thank you!"

Officer Jen Garcia:
5'7 95 lbs

KFD Training
and Consultation
67 Beaver Rd. # 290931
Wethersfield, CT
06129-0931
Office 860.436.6975

ONLY \$349.00
Send 2 and get
3rd FREE!

0800 - 1630
L.O.C.K.U.P.
Handout Materials
Provided

This two day course is designed to address violent encounters dealing with suspects of larger stature. When attempting control larger suspects, size and strength differentials necessitate combat strategies less reliant on pure upper body strength. The concepts and techniques can be utilized by any officer addressing a larger suspect. The days are hands-on and mentally challenging. Officers train and drill wearing vest, gun belt and long pants because anything else makes no sense.

Officers learn:

L.O.C.K.U.P. Police Training System and Principles

- Risk Assessment and Threat Indicators
- Ground Fighting Counter Measures
- Fear Management and Control
- Fighting Techniques and Fatigue
- Understanding Weapon Integration
- Decisive Takedown Manipulations
- Active Diffusion Strategies
- Team Approach and Strategies
- Understanding Mass / Power and Kinetic Energy
- Overcoming/ Understanding Size Challenges
- Using Your Size to Your Benefit
- Proper Weapon and Target Selection
- Taser to Physical Control



REQUIRED EQUIPMENT

- BDU Style Pants
- Boots w ankle Support
- Red Gun / Full Gun belt
- Handcuffs and keys

Back by Popular Demand!



5 Star Rating from attending students!
100 % Recommend this course to their peers!

"This course saved my life."

Dep. S. E. - St Johns FL PD

Rasmussen College MN

3500 Federal Dr, Eagan, MN 55122

Contact: Lt. Toni Weinbeck

Toni.Weinbeck@brooklynpark.org

REGISTER ON-LINE AT

LOCKUP POLICETRAINING.COM
POLICE TRAINING SYSTEMS

